

# JAYOTI VIDYAPEETH WOMEN'S UNIVERSITY, JAIPUR FACULTY OF HOMOEOPATHIC SCIENCE

Faculty Name : JV'n Dr. Lekhika Singh

Teaching Methodology of A Few Special

Symptoms and signs Part 2

**Program** : BHMS 3<sup>rd</sup> Year

**Course** : Surgery Practical

**Session** : A Few Special Symptoms and signs Part 2

## **Academic Day starts with –**

Greeting with saying 'Namaste' by joining Hands together following by
2-3 Minutes Happy session, Celebrating birthday of any student of respective class and National Anthem

#### **Lecture Starts with-**

Review of previous Session- In previous session we had discussed about general scheme of case taking. Now tell me about objectives of case taking. Topic to be discussed today- Today we will discuss about few signs and symptoms commonly occurring in patient.

## Lesson deliverance (ICT, Diagrams & Live Example)-

PPT (6 Slides)

Diagrams

### Persistent or high fever

A fever isn't necessarily a cause for alarm. Fever seems to play a key role in fighting infection. Persistent fever can signal a hidden infection, which could be anything from a urinary tract infection to tuberculosis. In some cases, cancerous (malignant) conditions — such as lymphomas — cause prolonged or persistent fevers, as can some medications.

Call your doctor if your temperature is 103 F (39.4 C) or higher or you've had a fever for more than three days.

#### **Shortness of breath**

Shortness of breath could signal an underlying health problem. Very strenuous exercise, extreme temperatures, massive obesity and high altitude all can cause shortness of breath. Outside of these examples, shortness of breath is likely a sign of a medical problem. If you have unexplained shortness of breath, especially if it comes on suddenly and is severe, seek emergency medical care.

Causes for breathlessness might include chronic obstructive pulmonary disease, bronchitis, asthma, pneumonia, a blood clot in the lung (pulmonary embolism), as well as other heart and lung problems. Difficulty breathing can also occur with a panic attack — a sudden episode of intense anxiety that triggers severe physical reactions when there is no real danger or apparent cause.

#### **Unexplained changes in bowel habits**

What's considered normal for bowel movements varies widely. Consult your doctor if you notice unusual or unexplained changes in what's normal for you, such as:

- Bloody, black or tarry-colored stools
- Persistent diarrhea or constipation
- Unexplained urges to have a bowel movement

Changes in bowel habits could signal a bacterial infection — such as

campylobacter or salmonella infection — or a viral or parasitic infection. Other

possible causes include irritable bowel disease and colon cancer.

#### LIBRARY REFERENCES

From: M. L. Tyler Homoeopathic Library

1. Manipal Manual of Surgery-Third Edition. Author- K. Rajgopal

Shenoy

2. Undergraduate Surgery – Third Edition. Author- A K Nan

3. Clinical medicine- Das

**Correlation with Ancient Literature- in progress** 

**Review of Literature-** in Process

**Next Topic-** A few special signs and symptoms part 3

**Academic Day ends with** 

National song' Vande Mataram'